



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# A LOT IS GOING ON AT THE YMCA

## Youth, Teen, and Family Programs

The York YMCA offers multiple programs for youth, teens, and families. The sports programs offer a quality sports experience for all skill levels, including practices and games, under the direction of qualified YMCA instructors.

Register early by returning the form (on the back of this flyer) to the York YMCA. Financial assistance is available. Stop by the York YMCA front desk at least one week prior to the start of the program to ask for a financial assistance application.

Contact Doug Markel at 717-843-7884, ext. 263 or [dmarkel@yorkcoymca.org](mailto:dmarkel@yorkcoymca.org) for more information.



- WHEN:** First program begins  
September 2021
- WHERE:** York Branch YMCA
- WHO:** AGES 4 - TEEN, ALL SKILL LEVELS

The School District neither encourages nor discourages a student's participation in the activity described herein.

**YORK BRANCH YMCA**  
90 North Newberry Street  
York, PA 17401  
717-843-7884  
[www.yorkcoymca.org](http://www.yorkcoymca.org)



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**FREE OUTDOOR SOCCER CLINIC**

For those which have not participated in a soccer program before and are considering joining the Outdoor Soccer League. Participants will gain instruction on the fundamentals of soccer in a recreational environment. All attending must register, no later than Sept. 8, online at [www.yorkcoymca.org](http://www.yorkcoymca.org) or by calling 717-843-7884 x 261.



Saturday, Sept. 11 at Small's Athletic Field. 31 Hamilton Ave, 17401  
Ages 4 - 6 at 9 a.m., ages 7 - 11 at 10 a.m. FREE for all.

**OUTDOOR SOCCER LEAGUE**

Beginners and experienced participants will learn and enhance their soccer skills including ball handling, passing, shooting and control in an instructional setting through practices and games, all on Saturday mornings. Each day held at the Small's Athletic field. Look for our Indoor Soccer League to begin in Jan.

Ages 4 - 5's will be at 9 a.m., ages 6 - 8's at 10 a.m. and ages 9 - 11's at 11 a.m. Coed. Schedules will be determined after registration cut-off dates.

Saturdays, September 18 - November 13

\$33/YMCA Members \$66/Non-Members

**GIRLS INTRAMURAL VOLLEYBALL**

For girls ages 11 - 15, this program focuses on instruction in a recreational environment, with pick-up games incorporated toward the end of the session. Great for beginners and/or those which need further fundamental skill enhancement.. REGISTER EARLY!

Mondays: 6:30 p.m. - 8 p.m.

Session I: Sept 13 - Nov 8 / Session II: Nov 15 - Jan 10  
\$40/YMCA Members \$80/Non-Members \*per session



**GIRLS VOLLEYBALL - OPEN GYMS**

The "open gyms" provide instruction and prepares those interested in trying out for a YMCA club team. Register in advance per date (not mandatory to register for all). \*Those with no volleyball experience are recommended to join the "intramural volleyball" program. Wednesdays, 6:30-8 p.m.

Sept. 15 through Oct. 13, Ages 12-14

YMCA of York & York County Members/Free, All Others/\$5 (each date)

**GIRLS CLUB VOLLEYBALL (Ages 11-18)**

This program is for girls who want to practice and compete at a high level. Practices are twice a week from Dec. - May with weekend tournaments twice a month from Jan-May at locations throughout PA. Monthly cost ranges from \$125-\$199. Try-outs begin in mid-October. Contact [dmarkel@yorkcoymca.org](mailto:dmarkel@yorkcoymca.org) for details.

**FREE DODGEBALL DAY**

For those which are considering joining our Dodgeball League, join us on Saturday, October 9 from 3:15-4:15 p.m. Ages 11-15. All attending must register, no later than October 7.

**DODGEBALL LEAGUE**

Saturdays, October 16-December 11 \*no program 11/27  
(Ages 11-15) 3:15-4:45 p.m.

Join us for non-stop games using rubber coated foam balls. Teams formed on the first day from individual registrations with playoffs held on the last day.

\$30/YMCA Members \$60/Non-Members

**BASKETBALL LEAGUE**

Ages 4-5/6-8/9-11

Saturday Mornings/Early Afternoons,

November 20- January 29 \*no program 12/25 and 1/1

For beginners and experienced players. Participants will work on basketball skills in an instructional setting through practices and games, held at the York YMCA. Instructors and volunteer coaches follow JRNBA instruction guidelines. Must register by 11/18.

Ages 4-5: 9 a.m. / Ages 6-8: 10 a.m. / Ages 9-11: 11 a.m.

\$40/YMCA Members \$80/Non-Member



**SAFE KIDS TAE KWON DO**

The practice of Tae Kwon Do teaches children and adults discipline, self-control, and safety. This program is taught by a 7th degree Grand Master Instructor. The program is especially beneficial for children with ADD, ADHD, and some forms of Autism. It is also an excellent program for children who need the added structured discipline to stay focused. Ages 6 years and older, Adults and Families. For more information or to register, contact Judith Kirby, 717-252-2824.

**FENCING**

Did you know there is a fencing program for ages 10 through adults at the York YMCA? For further information, go to [YorkCoYMCA.org](http://YorkCoYMCA.org) or email [kebleecker@comcast.net](mailto:kebleecker@comcast.net)

**ESPORTS:** Interested in being part of the YMCA's esports program? Contact [dmarkel@yorkcoymca.org](mailto:dmarkel@yorkcoymca.org) for details.

To register for a program, excluding safe kids tae kwon do, go to [www.yorkcoymca.org](http://www.yorkcoymca.org) to register online, or call 717-843-7884 x 261..

Registrations (form & payment together) accepted at the Y. If applying for financial assistance, must be done at least a week in advance.

Child's Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Male Female

Parent(s) Name(s): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone No.: \_\_\_\_\_ Email address: \_\_\_\_\_

Program: \_\_\_\_\_ Shirt Size: YS (6-8) YM (10-12) YL (14-16) Other (specify)\_\_\_\_

Interested in being a coach? YES NO \*VOLUNTEER COACHES ARE NEEDED (must provide clearances)

\*Shirts for soccer and basketball leagues only.